

Sussex Hotels with Gyms

These hotels recognised that exercise is a part of many people's daily lives and as a result provided their guests with some of the best gym facilities available. Whether you want running machines, rowing machines, exercise bikes, step machines, weight training, or even a personal trainer, you are sure to be satisfied with these Sussex Hotels with Gyms. What's more, most of these hotels have other facilities like pools, saunas and steam rooms to help you let your hair down after a work out.

Hotels with Gyms in Sussex, The South, England, UK (3 RESULTS)

Ashdown Park Hotel

<http://www.bestloved.com/hotels/hotel-ashdown-park-hotel-in-east-grinstead-sussex-the-south-england-uk.php>



Address: Wych Cross, Forest Row, East Grinstead, Sussex, RH18 5JR, England, UK

Location: Exit 10 off M23, A264 to East Grinstead then the A22 to Eastbourne. 2 miles south of Forest Row, turn left at the traffic lights at Wych Cross to Hartfield. Ashdown Park is on the right after half a mile.

Contact: Call: 0845 012 1553 (UK only) Phone: +44(0)1342 824988 Fax: +44(0)1342 826206

Much to see and do from this Victorian showpiece

Room rates:

8 Singles: 150 - 220

61 Doubles/Twins: 180 - 250

29 Suites: 330 - 360

7 Four-posters: 370 - 400

All prices in: GB Pounds Includes full breakfast, service and VAT

Flackley Ash Hotel

<http://www.bestloved.com/hotels/hotel-flackley-ash-hotel-in-rye-sussex-the-south-england-uk.php>



Address: Peasmarsh, Rye, Sussex, TN31 6YH, England, UK

Location: From the M25, junction 5 (signposted A21 Hastings), turn left onto the A268 at the Flimwell lights. Proceed through Hawkhurst and Northiam to Peasmarsh.

Contact: Call: 0845 012 1688 (UK only) Phone: +44(0)1797 230651 Fax: +44(0)1797 230510

This Georgian country house near Rye is the perfect place to relax

Room rates:

Single Occupancy: 87 - 116

38 Doubles/Twins: 144 - 202

3 Four-posters: 179 - 187

4 Suites: 204 - 212

All prices in: GB Pounds Includes full breakfast and VAT

Lansdowne Place Hotel

<http://www.bestloved.com/hotels/hotel-lansdowne-place-hotel-in-brighton-sussex-the-south-england-uk.php>



Address: Lansdowne Place, Hove, Brighton, Sussex, BN3 1HQ, England, UK

Location: 'At the Palace Pier roundabout take the second exit onto grand Junction Road(A259) signposted Hove. Enter Hove and the hotel is the road on the right hand side after Brunswick Square

Contact: Call: 0845 012 1515 (UK only) Phone: +44(0)1273 736266 Fax: +44(0)1273 729802

Decadence-on-sea, a jewel in Brighton's crown

Room rates:

6 Singles: 100 - 110

15 Doubles/Twins: 140 - 150

35 Queens/Twins: 150 - 160

25 Kings: 170 - 180

3 Suites: 230 - 400

All prices in: GB Pounds Includes VAT