

## **Pooh Bear country Hotels with Gyms**

These hotels recognised that exercise is a part of many people's daily lives and as a result provided their guests with some of the best gym facilities available. Whether you want running machines, rowing machines, exercise bikes, step machines, weight training, or even a personal trainer, you are sure to be satisfied with these Pooh Bear country Hotels with Gyms. What's more, most of these hotels have other facilities like pools, saunas and steam rooms to help you let your hair down after a work out.

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### **Hotels with Gyms in Pooh Bear country (1 RESULT)**

#### **Ashdown Park Hotel**

<http://www.bestloved.com/hotels/hotel-ashdown-park-hotel-in-east-grinstead-sussex-the-south-england-uk.php>



*Address:* Wych Cross, Forest Row, East Grinstead, Sussex, RH18 5JR, England, UK

*Location:* Exit 10 off M23, A264 to East Grinstead then the A22 to Eastbourne. 2 miles south of Forest Row, turn left at the traffic lights at Wych Cross to Hartfield. Ashdown Park is on the right after half a mile.

*Contact:* Call: 0845 012 1553 (UK only) Phone: +44(0)1342 824988 Fax: +44(0)1342 826206

#### ***Much to see and do from this Victorian showpiece***

*Room rates:*

8 Singles: 150 - 220

61 Doubles/Twins: 180 - 250

29 Suites: 330 - 360

7 Four-posters: 370 - 400

All prices in: GB Pounds Includes full breakfast, service and VAT