

## Kent Hotels with Gyms

These hotels recognised that exercise is a part of many people's daily lives and as a result provided their guests with some of the best gym facilities available. Whether you want running machines, rowing machines, exercise bikes, step machines, weight training, or even a personal trainer, you are sure to be satisfied with these Kent Hotels with Gyms. What's more, most of these hotels have other facilities like pools, saunas and steam rooms to help you let your hair down after a work out.

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### Hotels with Gyms in Kent (4 RESULTS)

#### Ashdown Park Hotel

<http://www.bestloved.com/hotels/hotel-ashdown-park-hotel-in-east-grinstead-sussex-the-south-england-uk.php>



*Address:* Wych Cross, Forest Row, East Grinstead, Sussex, RH18 5JR, England, UK

*Location:* Exit 10 off M23, A264 to East Grinstead then the A22 to Eastbourne. 2 miles south of Forest Row, turn left at the traffic lights at Wych Cross to Hartfield. Ashdown Park is on the right after half a mile.

*Contact:* Call: 0845 012 1553 (UK only) Phone: +44(0)1342 824988 Fax: +44(0)1342 826206

#### ***Much to see and do from this Victorian showpiece***

*Room rates:*

8 Singles: 150 - 220

61 Doubles/Twins: 180 - 250

29 Suites: 330 - 360

7 Four-posters: 370 - 400

All prices in: GB Pounds Includes full breakfast, service and VAT

#### Flackley Ash Hotel

<http://www.bestloved.com/hotels/hotel-flackley-ash-hotel-in-rye-sussex-the-south-england-uk.php>



*Address:* Peasmarsh, Rye, Sussex, TN31 6YH, England, UK

*Location:* From the M25, junction 5 (signposted A21 Hastings), turn left onto the A268 at the Flimwell lights. Proceed through Hawkhurst and Northiam to Peasmarsh.

*Contact:* Call: 0845 012 1688 (UK only) Phone: +44(0)1797 230651 Fax: +44(0)1797 230510

#### ***This Georgian country house near Rye is the perfect place to relax***

*Room rates:*

Single Occupancy: 87 - 116

38 Doubles/Twins: 144 - 202

3 Four-posters: 179 - 187

4 Suites: 204 - 212

All prices in: GB Pounds Includes full breakfast and VAT

## Rowhill Grange Hotel & Spa

<http://www.bestloved.com/hotels/hotel-rowhill-grange-hotel-and-spa-in-dartford-kent-the-south-england-uk.php>



**Address:** Wilmington, Dartford, Kent, DA2 7QH, England, UK

**Location:** From the M25, exit junction 3 (please note there are 2 exits for junction 3) for the B2173 (Swanley). At Swanley, take the B258 (Hextable) through four small roundabouts. The hotel is a mile and a half after the last roundabout, on the left.

**Contact:** Call: 0845 012 1538 (UK only) Phone: +44(0)1322 615136 Fax: +44(0)1322 615137

***A remarkable spa hotel that's the ultimate location for business or pleasure***

*Room rates:*

Single Occupancy: 175 - 260

38 Doubles/Twins: 200 - 370

3 Four-posters: 200 - 370

7 Suites: 220 - 370

All prices in: GB Pounds Includes VAT

## Wallett's Court

<http://www.bestloved.com/hotels/hotel-walletts-court-in-dover-kent-the-south-england-uk.php>



**Address:** Westcliffe, St Margaret's-At-Cliffe, Dover, Kent, CT15 6EW, England, UK

**Location:** From the M2/A2 or M20/A20, exit for the A258 (Deal). After Swingate Inn, turn right to Westcliff, St Margaret's; the hotel is one mile along on the right.

**Contact:** Call: 0845 012 1526 (UK only) Phone: +44(0)1304 852424 Fax: +44(0)1304 853430

***A glorious retreat close to Canterbury in the heart of white cliffs country***

*Room rates:*

Single Occupancy: 109 - 119

12 Doubles/Twins: 129

2 Four-posters: 169

2 Suites: 169

All prices in: GB Pounds Includes full breakfast & VAT